











LOCOMOTOR SUBSCALE				
HOP H. JUMP SKIP V. JUMP GALLOP				
    				
Is the thigh of the suspended leg in a vertical position with knee flexed at 90 degrees or less?	Y	Does the foot of the suspended leg cross the line of the support leg like a pendulum?	Y	Level 4
			N	Level 3
	N	Is the suspended leg held in front of the body?	N	Level 2
			Y	Level 1
Do the arms move forward & upward upon takeoff, and downward at landing?	Y	Do the hands exceed the height of the head at liftoff?	Y	Level 4
			N	Level 3
	N	Do the arms move sideward (winging action) during the in-flight phase?	Y	Level 2
			N	Level 1
Do the arms move rhythmically in opposition to the legs?	Y	Do the hands meet in front of the body at least once during action?	N	Level 4
			Y	Level 3
	N	Is there a break in the rhythm caused by a double hop or step?	N	Level 2
			Y	Level 1
Do the arms move to rear during the preparation phase?	Y	Does the reaching arm reach up while the other arm swings down at the peak of the flight?	Y	Level 4
			N	Level 3
	N	Is there a one-foot takeoff or landing?	N	Level 2
			Y	Level 1
Is the action smooth, rhythmical (not choppy/stiff) and executed at a moderate tempo?	Y	Are the arms (elbows) lifted to waist level at take-off?	Y	Level 4
			N	Level 3
	N	Does the trail foot land in front of the lead foot?	N	Level 2
			Y	Level 1

MANIPULATIVE SUBSCALE				
THROW KICK DRIBBLE CATCH STRIKE				
    				
Does the trunk rotate to the side of the throw during the preparation action?	Y	Is there a long contralateral step forward?	Y	Level 4
			N	Level 3
	N	Is there a step forward?	Y	Level 2
			N	Level 1
Is there an elongated stride or leap immediately prior to ball contact?	Y	Is there a follow-through with a step/hop forward with the stabilizing leg in the direction of the kick?	Y	Level 4
			N	Level 3
	N	Does the child take at least one step toward the ball?	Y	Level 2
			N	Level 1
Does the ball bounce in front of OR to the outside of foot on preferred side?	Y	Does the child rely on vision to maintain control of the ball?	N	Level 4
			Y	Level 3
	N	Has the child lost control of the ball at least once?	N	Level 2
			Y	Level 1
Is the ball caught with hands, without contact with any part of the body?	Y	Is there a well-timed and simultaneous motion of the hands during the catch?	Y	Level 4
			N	Level 3
	N	Is the ball secured against the chest?	N	Level 2
			Y	Level 1
Does the strike occur in a long (full arc) horizontal plane?	Y	Is the weight of the body transferred from one leg to the other during movement?	Y	Level 4
			N	Level 3
	N	Does the motion of the bat occur on a downward (back to front) plane?	N	Level 2
			Y	Level 1